

### Payment:

The cost of each 2 course meal per person is €7.

Each meal consists of your daily dinner as well as a choice of either a soup or a dessert. The service is offered for a minimum of 4 days to each customer.

At Obair we offer a number of ways you can pay for your meals:

- Through Food4U
- Credit/Debit Card over the phone
- Standing Order
- Bank Transfer

### Delivery:

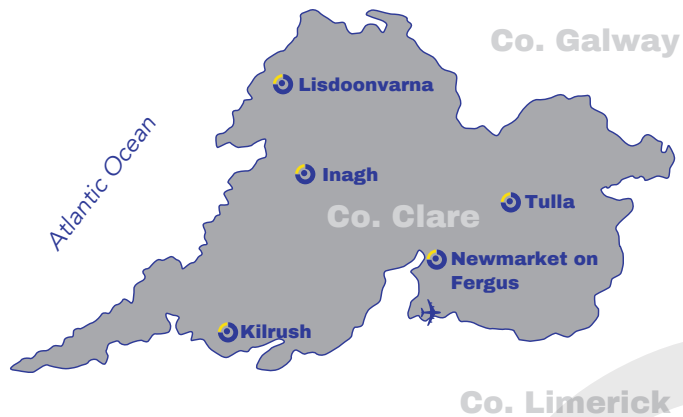
At Obair we have a fleet of customised vans delivering across our routes daily. Our service is delivered by a fantastic team of community volunteers from all across the County. Meals are kept hot or cold in the vans until such time as they are delivered to your door. Volunteers travel in pairs and are fully Garda Vetted.



### Volunteer:

If you would like to volunteer for Obair's Meals on Wheels Service please email or call the office for more information. Alternatively you can fill out the application form on our website

[www.obair.org](http://www.obair.org)



### Contact:

[www.obair.org](http://www.obair.org)

Call us:

086 785 1620 or (061) 368030

Email:

[mealsonwheels@obair.org](mailto:mealsonwheels@obair.org)

### Address:

**Obair Office**  
Ennis Road,  
Newmarket on Fergus,  
Co. Clare,  
V95 X0NY



COMHAIRLE CONTAE AN CHLÁIR  
CLARE COUNTY COUNCIL



**BAIR**  
Meals on Wheels Service



### Background:

Obair is a social enterprise based in Newmarket on Fergus and has been in existence since 1993. It provides a wide range of services to the community. Obair's Meals on Wheels service began in 2010 and has since grown to cover many areas in Co. Clare.

### Meals on Wheels:

Operating from Main St in Newmarket on Fergus Obair's Meals on Wheels Service is recognised as a best in class food provider, not just in Co. Clare but also Nationwide. We provide a 2 course nutritious hot meal delivered to the doors of people daily.

As part of our Meals on Wheels Service you can now also avail of the Food4U app which will allow a customer to avail of a range of options and services online (see overleaf).

*"Since we started getting Meals on Wheels 2 years ago I don't know myself, it gives me back extra time every day. The food is excellent, especially the lemon cake!"*

**Margaret, Customer**

### How to avail of the Service:

The meals are available to people over the age of 65. To apply for this service you can contact the Obair office by phone or email. You will be sent an application form to fill in some basic details such as an Eircode, emergency contact number and dietary information. You will be placed on the service, subject to availability and delivery in your area.



### Meals:

The meals are delivered hot to a person's door at lunchtime from Monday to Friday, weekend meals are also available if required and are delivered every Friday.

Dinners can be delivered hot or chilled. If a customer is not eating their meal immediately on delivery then we will give them a chilled meal that can safely be reheated at home.

The meals are healthy, varied, tasty and nutritious and are cooked to the highest standard.

Full allergen information as well as re-heating guidelines will also be supplied. If you have any special dietary concerns please chat to our office staff before applying.

We will do our utmost to cater for all customers where possible.



### Food4U:

In recent years we have also seen a move to digital communication and payments with our customers. In response to this situation we developed the Food4U ordering and payment system as a way of ensuring that you will always be able to engage with us and our other services. This added tool has been developed with an emphasis on ease of use and will offer such options as:

- Pre ordering for the week ahead
- Multi Choice Meal Options
- Payment through the Food4U app
- Ordering extras

To order through Food4U please visit our website [www.obair.org](http://www.obair.org) and click on the Food4U icon. This will bring you to a meal menu and allow you to order your choice of meals for the week ahead.

