

# THE INROADS PROGRAMME

Career Counselling

Personal Development

## ARE YOU UNEMPLOYED?

- Are you looking for work and not sure what jobs would suit you?
- Do you need help around job seeking skills, interview skills and CV Preparation?
- Do you need a confidence boost before going for one of these jobs?

If you answered yes to any or all of these questions then "The Inroads Programme" is for you

### INROADS IS ABOUT:

- ↪ Looking at your skills, looking at what you have to offer an employer and most importantly looking at what you want from a job
- ↪ Giving you the confidence boost to consider what you need to do to get a job
- ↪ People who don't know what they want in a job or how to go about getting one
- ↪ Receiving information in a fun relaxed atmosphere where people are not under pressure to learn off things or do a lot of writing.



Places limited, please book your place early

For More Information Contact:  
LDSIP Development Worker  
Obair Newmarket-on-Fergus Ltd  
Tel: 061 368030

